

Fully Known; Fully Loved - Psalm 139:1–6 2/8/26

Christianity is not merely knowing about God — it is being known by God and living in relationship with Him.

Key Takeaways

1. Knowing about Jesus is not the same as knowing Him.

Religious activity, knowledge, or words alone do not create relationship (Matthew 7:22-23; James 2:19).

2. We were created with a deep desire to be known by God.

Our hearts remain restless until they find rest in Him (Ecclesiastes 3:11).

3. God has known us from the very beginning.

He formed us, sees every moment of our lives, and lovingly pursues us (Psalm 139:1-16; Jeremiah 1:5).

4. Eternal life is relationship with God through Jesus.

“This is eternal life, that they know you...” (John 17:3).

5. The gospel reveals the greatest truth: we are fully known and fully loved.

Even while we were sinners, Christ died for us (Romans 5:8).

Scriptures to Remember

- Psalm 139:1-6
 - John 17:3
 - Galatians 4:9
 - Romans 5:8
 - Romans 10:9-10
 - Romans 8:35-39
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Reflect This Week

- Do I know about Jesus, or am I walking in daily relationship with Him?
 - Where am I still hiding instead of allowing God to search and transform my heart?
 - How can resting in God’s love change the way I live this week?
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You are completely known by God — every thought, every struggle, every detail — and through Christ you are completely loved. Nothing can separate you from the love of God in Christ Jesus.